



Let's start a garden! Easy seeds for beginners

Vegetables		
Beans	Beans are possibly the easiest seeds to start in your garden. Bush varieties do not need support.	Sow in late spring when the soil warms, after all danger of frost is past. Plant 1-inch deep and 3 to 4 inches apart.
Carrots	An easy-to-grow root crop for the beginner.	Sow about 3 weeks before the last expected frost. Plant seeds ½-inch deep and 1/3-inch apart.
Cucumbers	Easy to start outdoors when the soil temperature has warmed up.	Sow seeds when the soil warms, about a week after last frost date. Plant 1-inch deep and 6-8 inches apart.
Lettuce	Leaf varieties are super easy for beginner gardeners.	Sow seeds as soon as the ground can be worked. Plant seeds ¼-inch deep and keep soil evenly moist. Thin leaf lettuce varieties to 4-inches apart.
Peas	Grow on short or long vines, but all pea plants benefit from some trellis to support their climbing nature.	Sow seeds in early spring as soon as the soil can be worked. Plant 1-inch deep and 2-3 inches apart.
Radishes	A great crop to plant early in spring when the temperatures can be too cold for anything else.	Sow seeds as soon as the ground can be worked. Plant ½-inches deep and 2-3 inches apart.
Summer Squash / Zucchini	Like cucumbers, squash seeds are easy to sow directly in the soil.	Sow seeds when the soil has warmed, about 1 week after last frost date. Plant 1-inch deep and 6-8 inches apart. Use mound method for most varieties. Space hills 4-6 feet apart. Thin down to 3 plants per hill.
Flowers		
Cleome	Great cottage garden plant.	Spread seeds over the ground; they usually don't need to be covered. Typically sprout in 1 to 2 weeks. About 3-4 feet tall.
Cosmos	Airy foliage with daisy-like flowers. A great annual for poor soil and those who want a low-maintenance plant.	Spread seeds over the ground and just barely cover them; seeds usually sprout in 1 to 3 weeks. Depending on the variety, they can grow from 18 to 60 inches tall.
Marigolds	A classic, easy to grow plant.	Sow directly in the garden. They usually sprout in less than a week. Usually grow from 6 inches to 2 feet tall.
Nasturtiums	This plant's leaves, blooms and seeds are all edible!	Nasturtium seeds have a tough coat. Soak seeds in water for 12 to 24 hours before sowing. Sow seeds ½ inch deep; they usually sprout in about a week. Varieties grow from 1 foot tall (bush) to 10 feet tall (climbing varieties).
Sunflowers	Possibly the easiest annual to start in your garden.	Sunflowers don't like to be transplanted, so it's best to start them directly in the garden. They usually sprout about a week after planting. Grow from 1 foot (dwarf varieties) to 5-10 feet (medium) to 10-20 feet (giant).
Zinnia	This tough annual can tolerate dry and hot conditions.	Direct sow seeds about 1/8 inch deep. They usually sprout in about a week. Grow from 8-12 inches (dwarf varieties) to 30 inches (State Fair Series).

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